

יום כיפור Yom Kippur

AFTERNOON SERVICE | SEPTEMBER 16, 2021

THE TIME IS NOW

Music: Debbie Friedman | Lyrics: Debbie Friedman and Tamara Ruth Cohen

The time is now. We've gathered 'round.
So bring all your gifts, and bring all your burdens with you.
No need to hide. Arms open wide.
We gather as one to make a *makom kadosh* (holy place).

We come to tell. We come to hear.
We come to teach, to learn. We come to grow.
And so we say, the time is now. Sing to the One.
God's Presence is here; Sh'china, You will dwell among us.
We'll make this space a holy place,
So separate, so whole, rejoice, every soul who enters here.

P'TACH LIBI

Music: Rabbi Noam Katz | Text: Amidah

פְּתַח לִבִּי בְּתוֹרַתְךָ, וּבְמִצְוֹתֶיךָ תִּרְדּוּף נַפְשִׁי.
עֲשֵׂה לִמְעַן שְׁמֶךָ, עֲשֵׂה לִמְעַן יְמִינְךָ,
עֲשֵׂה לִמְעַן קִדְשֶׁתְךָ, עֲשֵׂה לִמְעַן תּוֹרַתְךָ.

*P'tach libi b'Toratecha, uv'mitzvotcha tirdof nafshi
aseih l'ma'an sh'mecha, aseih l'ma'an y'minecha
aseih l'ma'an k'dushatecha, aseih l'ma'an Toratecha*

Open my heart to Your Torah—let my soul be eager to pursue
Your mitzvot.
Do this for the sake of Your name; do this for the sake of
Your strength;
do this for the sake of Your holiness; do this for the sake of
Your Torah.

MUSICIANS

Matthew Banks, clarinet | Jesse Fry, piano |
Efren Guzman, percussion

SH'MA/ECHAD

Music: Solomon Sulzer | Text: Torah service

*Sh'ma Yisrael:
Adonai Eloheinu, Adonai echad*

*Echad eloheinu gadol adoneinu
kadosh v'norah sh'mo*

Listen, Israel: Adonai is our God, Adonai is One!

One and magnificent is our God; God's name is holy,
inspiring awe.

PRAYER FOR HEALING

Music and English text: Todd Herzog | Hebrew text: Numbers 12:13

El na re fa na la, re fa na lanu (x2)

Dear God, heal her now, heal us now

Dear God of our ancestors
Help us renew our faith
Grant us a perfect healing
Bring peace to all our days

El na...

Restore our strength of body
Help clarify our minds
Refresh our tired spirits
Rejuvenate our light

El na...

Thank you for all these blessings
Throughout our days and nights
We celebrate the journey
This precious gift of life

El na...

שְׁמַע יִשְׂרָאֵל,
יְיָ אֱלֹהֵינוּ, יְיָ אֶחָד.

אֶחָד אֱלֹהֵינוּ, גָּדוֹל אֲדוֹנֵינוּ
קָדוֹשׁ וְנוֹרָא שְׁמוֹ.

אֵל נָא רַפָּא נָא לָהּ

HALLELUYAH

Music: Yoel Sykes of Nava Tehila

Halleluyah

I AM LIGHT

Music and Lyrics: India.Arie Simpson

I am light, I am light (4X)

I am not the things my family did
I am not the voices in my head
I am not the pieces of the brokenness inside

I am light, I am light (4X)

I'm not the mistakes that I have made
Or any of the things that caused me pain
I am not the pieces of the dream I left behind

I am light, I am light (4X)

AS I BREATHE

By Elaine Gilner Freidman

As I breathe, may I receive.
May I be surrounded in the protective glow of Divine light.
May I allow myself to feel and absorb this Divine presence.

*As I breathe, may I receive.
May it awaken within me the force of my vitality, and the strength of
my own will.*

As I breathe, may I receive.
May my willingness to believe in my own well-being be
enhanced, embellished and enriched.
May my faith in my own healing powers be renewed.

*As I breathe, may I receive.
May I cherish and love myself for who I really am: Weak and strong,
selfish and selfless, learner and teacher, prideful and humble, believer
and non-believer.*

As I breathe, may I receive.
May this love for self merge with God's love and with the love
of humanity.

*As I breathe, may I receive.
May I feel this love, acknowledge it, and take it in, knowing and
recognizing that love and God's presence are always there.*

As I breathe, may I receive.
As I breathe, may I receive.

ESA EINAI

*Music: David Appelman, Julia Bordenaro, Wendy Goldberg and Dan
Nichols | Words: Psalm 121:1-2*

Esah einai, el he-harim

Mei ayin yavo, yavo ezri?

אֶשָּׂא עֵינַי
אֶל־הַהָרִים מֵאֵין יָבֹא עֲזָרִי?

Where will my help come from?
Where will my help come from?
My help will come from God,
Maker of heaven and earth

I lift my eyes unto the mountains; where does my help come from?

AND WILL THEY EVER COME

By Lea Goldberg

And will they ever come, days of forgiveness and grace,
When you'll walk in the fields, simple wanderer,
And your bare soles will be caressed by the clover,
Or the wheat-stubble will sting your feet, and its sting
will be sweet?
Or the rainfall will catch you, its downpour pounding
On your shoulders, your breast, your neck, your head.
And you'll walk in the wet fields, quiet widening within like
light on the cloud's rim.
And you'll breathe in the scent of the furrow, full and calm,
And you'll see the sun in the rain-pool's golden mirror,
And all things are simple and alive, you may touch them,
And you are allowed, you are allowed to love.
You'll walk in the field. Alone, unscorched by the blaze
Of the fires, along roads stiffened with blood and terror,
And true to your heart you'll be again humble and softened,
As one of the grass, as one of humankind.

BE HOLY HEAR THE WHISPER

Music and lyrics: Peter and Ellen Allard, arr. Philip Orem

Be holy, hear the whisper, a quiet, gentle voice,
Be holy, hear the whisper, that helps us make the choice
To be like God, to be like God

2x

Chorus:

Hakadosh baruch hu

Hakadosh baruch hu

Be holy, hear the whisper, a quiet, gentle voice
Be holy, hear the whisper, that helps us make the choice
To be like God, to be like God.

Be holy, hear the whisper, present every day
Be holy, hear the whisper, it teaches us the way
To be like God, to be like God.

Chorus

Be holy, hear the whisper,
that guides each word and deed
Be holy, hear the whisper, reminding us we need
To be like God, to be like God.
Be holy, hear the whisper, the warmth of love's embrace
Be holy, hear the whisper, giving us the grace
To be like God, to be like God.

HEART OF MINE

Music and lyrics: Cantor Marsha Attie

Oh heart of mine
Lost and find
My home is sometimes near and sometimes far,
It's always changing
Oh heart of mine
Take the time to feel the sadness
Love is always near
It seems they go together

Chorus

The walls are coming down and down and down
And life is going 'round and 'round and 'round
And love it will be found and found and found
It's all inside of you

Oh moon of mine
To see you shine is like as if
To wish upon a star
I'm so glad to see you
Oh moon of mine
The night is time for love and wonder
Spread across the sky
What would we do without you

Chorus

Oh friend of mine
Eyes that shine and help me feel
That I am not alone
How can I ever thank you
Oh friend of mine
Space nor time will break the bond
That holds my heart with yours
I'll always love you

Chorus

THE CURE AT TROY

By Seamus Heaney

Human beings suffer,
They torture one another,
They get hurt and get hard.
No poem or play or song
Can fully right a wrong
Inflicted and endured.
The innocent in gaols
Beat on their bars together.
A hunger-striker's father
Stands in the graveyard dumb.
The police widow in veils
Faints at the funeral home.
History says, Don't hope
On this side of the grave.
But then, once in a lifetime
The longed-for tidal wave
Of justice can rise up,
And hope and history rhyme.
So hope for a great sea-change
On the far side of revenge.
Believe that a further shore
Is reachable from here.
Believe in miracles
And cures and healing wells.
Call miracle self-healing:
The utter, self-revealing
Double-take of feeling.
If there's fire on the mountain
Or lightning and storm
And a god speaks from the sky
That means someone is hearing
The outcry and the birth-cry
Of new life at its term.
It means once in a lifetime
That justice can rise up
And hope and history rhyme.

KEN Y'HI RATZON

Music and lyrics: Elana Arian, inspired by loving-kindness meditation
and Priestly Benediction

May I be safe
May I be free
May I find space
Space to just be

Ken y'hi ratzon
Ken y'hi ratzon
May I find my way back home | 2x

May you be safe
May you be free
May you find space
Space to just be.

Ken y'hi ratzon
Ken y'hi ratzon
May you find your way back home | 2x

May we be safe
May we be free
May we find space
Space to just be.

Ken y'hi ratzon
Ken y'hi ratzon
May we find our way back home | 2x

THE POWER TO RENEW LIFE

Mishkan Hanefesh for Yom Kippur

In each human hand and heart is the power to renew life:

To see dignity where there is brokenness and defeat;
To know and cherish the image of God in every human face;

To open eyes that have closed in despair;
To shelter the weak and shield the helpless;

To give strength to the weary,
Hope and comfort to those who feel pain;

To care for the earth like an old friend;
To give to its oceans, rivers, and forests our selfless love;
To treat ponds and tide pools, the sky and the mountains
As sacred living beings.

In each of us is the power to renew life.

YAH ANA EMTZA'ACHA

Music and English lyrics: Dan Nichols and Cantor Ellen Dreskin |
Hebrew text: Rabbi Yehuda Halevi

Yah ana emtza-a-cha,
m'komcha naleh v'neelam
v'ana lo emtza'acha
k'vodcha malei olam.
Darashti kirvatcha
b'chol libi k'ratcha
u'tzeiti likratcha,
likrati, m'tzatcha.

יְהִי אָנָּה אֶמְצָאָךְ
מִקוֹמְךָ נִעְלָה וְנִעְלָם
וְאָנָּה לֹא אֶמְצָאָךְ
כְּבוֹדְךָ מְלֵא עוֹלָם.
דָּרַשְׁתִּי קִרְבָּתְךָ
בְּכָל לִבִּי קְרָאתִיךָ
וּבִצְאָתִי לְקְרָאתְךָ
לְקְרָאתִי מִצְאָתִיךָ.

Where might I go to find You,
exalted, Hidden One?
Yet where would I not go to find You,
ever present, Eternal One?
My heart cries out to You:
Please draw near to me.
The moment I reach out for You,
I find You reaching in for me.

HEAL US NOW

Music and English lyrics: Cantor Leon Sher | Hebrew text: Numbers
12:13, Psalms 145:18, 85:10, 28:9, 118:25

רְפָאנוּ יְיָ וְנִרְפָּא, הוֹשִׁיעֵנו וְנִשְׁעָה. אֵל קָרוֹב לְכָל
קְרָאיו. אֵד קָרוֹב לִירְאָיו יִשְׁעוּ

R'faeinu Adonai v'neirafei, hoshieinu v'nivasheiah. Eil karov l'chol
korav. Ach karov lireiav yisho.

We pray for healing of the body. We pray for healing of the soul.
For strength of flesh and mind and spirit. We pray to once
again be whole.

Eil na r'fa na.
Oh, please, heal us now.

רְפוּאָת הַנֶּפֶשׁ וּרְפוּאָת הַגּוּף, רְפוּאָה שְׁלֵמָה

R'fuat hanefesh, ur'fuat haguf, r'fuah sh'leimah.
Heal us now.

הוֹשִׁיעָה אֶת-עַמְּךָ וּבִרְךָ אֶת-נַחֲלָתְךָ
וְרַעִם וְנִשְׂאִים עַד-הָעוֹלָם
מִי־שִׁבְרְךָ אֲבוֹתֵינוּ, מִי־שִׁבְרְךָ אֲמוֹתֵינוּ.
אָנָּה יְיָ הוֹשִׁיעָה נָא

Hoshia et amecha uvareich et nachalatecha
Ur'eim v'na-s'eim ad haolam.
Mi shebeirach avoteinu, mi shebeirach imoteinu,
Ana Adonai hoshiah na.

We pray for healing of our people.
We pray for healing of the land.
And peace for every race and nation,
every child, every woman, every man.